

STOP STRESS WITHOUT A MESS:
Skills for dealing with stressful times
Karen Campbell, PhD



MEET-A-SURVIVOR
Up Close & Personal
Mike Gibson, DEFEATcancer Team Leader

March Harvest for Health:



Tuesday, March 9, 2010 5:30-7:30 pm

St. Charles Medical Center-Bend - Conf. Rooms A, B, C, D

St. Charles Medical Center-Redmond - Sage/Juniper Room

Interactive Broadcast: Bend, Redmond and Burns

Please RSVP for no-cost dinner: 541-706-7743

Younger than 50?

Young Adult Survivor Network

Call Lizzi at 706-2969 for more details

DEFEATcancer



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